



2017 SPRING INDOOR SWIM CLINIC
March 1, 2017 - March 31, 2017

MINI GROUPS AGES 4-7

| | | | |
|----------------------|-------------|-------------------|-------|
| Mini 1 (Adv): | Mon/Wed/Fri | 5:00 pm - 5:30 pm | \$195 |
| Mini 2 (Beg): | Mon/Wed/Fri | 4:30 pm - 5:00 pm | \$195 |
| Mini 3 (Beg): | Tue/Thu | 5:00 pm - 5:30 pm | \$135 |

- Smaller practice groups for more personalized attention.
- Maximum of 8 swimmers per group!
- Emphasis for Minis will be Freestyle, Side breathing, Backstroke, Starts
- 84 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

- Mini 1 is for swimmers that are strong with Free/Back, and are swim team ready!
- Mini 2 & 3 will focus on Free & Back, getting those minis summer team ready!
- Groups 2 & 3 are for kids who haven't been on a summer team yet
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- A swim test must be done at registration.

- **Registration must be done in person...no refunds or make-ups.**

The Swimstute
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