



## 2016 SPRING INDOOR SWIM CLINIC March 1, 2016 - April 15, 2016

### MINI GROUPS AGES 4-7

**Mini 1:** Mon & Wed 4:00 pm - 4:30 pm

**Mini 2:** Tue & Fri 5:00 pm - 5:30 pm

- Smaller practice groups for more personalized attention.
- Maximum of 8 swimmers per group!
- Emphasis for Minis will be Freestyle, Side breathing, Backstroke, Starts
- 84 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

**Cost:** \$175.00

- These groups are for kids who haven't been on a summer team yet
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- Will work exclusively on Freestyle, Backstroke, and Starts.
- A swim test must be done at registration.
- **Registration must be done in person...no refunds or make-ups.**

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