



2016 FALL/WINTER INDOOR SWIM CLINIC Sept 19, 2016 - Jan 30, 2017

MINI GROUPS AGES 4-7

Mini A:	Sep 19 - Nov 30	Mon/Wed/Fri	5:00 pm - 5:30 pm
Mini B:	Dec 2 - Jan 30	Mon/Wed/Fri	5:00 pm - 5:30 pm
Mini C:	Dec 2 - Jan 30	Mon/Wed/Fri	4:30 pm - 5:00 pm

- Smaller practice groups for more personalized attention.
- Maximum of 6 swimmers per group!
- Groups A & C will focus on Freestyle, Side breathing, Backstroke, Starts
- Group B will focus on Breaststroke, Butterfly, with some Free and Back.
- 84 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

Cost: \$250.00 per group

Includes:

- Swimstute Cap & Towel
- These groups are for kids who haven't been on a summer team yet
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- A swim test must be done at registration.
- **Registration must be done in person...no refunds or make-ups.**

The Swimstute
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