



2014 FALL/WINTER INDOOR SWIM CLINIC

Sept 22, 2014 - Jan 31, 2015

MINI GROUPS AGES 4-7

Mini: Tue & Fri 4:00 pm - 4:30 pm

- Smaller practice groups for more personalized attention.
- Maximum of 8 swimmers per group!
- 1 to 2 coaches per group.
- Emphasis for Minis will be Freestyle, Side breathing, Backstroke, Starts
- 84 degree water, indoors; away from the cold wind and pounding rain.
- Swimmers will need to bring 'long fins' for kicking!

Cost: \$325.00

Includes:

- Lap Swim Membership for swimmer from Sept 22 - Jan 31.
- Swimstitude Cap & Towel

- These groups are for kids who haven't been on a summer team yet
- Participants need to be able to swim 'to the black line' Freestyle, and Backstroke
- Will work exclusively on Freestyle, Backstroke, and Starts.
- A swim test must be done at registration.
- **Registration must be done in person...no refunds or make-ups.**

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